

ENTIAT SCHOOL DISTRICT  
ATHLETIC CODE

6/10/08

The Entiat version of an athlete is one who can be admired, respected and emulated. This code was created to outline expectations for Entiat athletes so they may be in top physical condition and become positive role models.

One major purpose for maintaining an athletic program is to assist students in developing value systems that encourage self-discipline and personal responsibility. This document describes expectations, guidelines and procedures governing students who participate in the Entiat Athletic Program. *A Student is governed by the athletic code beginning when he/she first participates in interscholastic athletics in the Entiat School District. Athletes in grades 7-12 are expected to abide by the provisions of the athletic code **major violations section** for the entire calendar year. The sports season starts on the first day of practice and ends with the awards ceremony.*

The process of following these guidelines, and any resultant discipline, should create positive learning experiences designed to develop attitudes and values that will assist students as they move toward adulthood.

I. STANDARDS AND GUIDELINES:

- A. **CURFEW:** Curfew hours are a necessary part of training because athletes cannot perform well without adequate rest.

During their sports season, athletes are to be home by the curfew times indicated below:

- a. The standard curfew hours are:

<b>High School</b>	<b>Middle School</b>
10:30 p.m. weekdays	9:30 p.m. weekdays
12:30 p.m. weekends (Fri.-Sat.)	11:30 p.m. weekends (Fri.-Sat.)

- b. Coaches of each sport may adjust times to fit their program needs or special circumstances.

- B. **DRESS AND GROOMING:** The example set by an athlete should be among the best in school. This includes general behavior and appearance.

- a. During the sport season, boys' hair shall be kept clean and neat and not excessively long (not touching the collar, ***not past the bottom of the ears, out of the face , able to see half the forehead***) or cut **or colored** in a manner to attract unusual attention (Example: mohawk or shaved heads, unnatural colors, unusual hair styles). There will be no beards or other forms of facial hair worn by athletes. ***Sideburns are not to go below the earlobe.***

- b. During the sport season, girls shall maintain an appearance that is neat and well groomed. Extremes in dress and hair styles shall be avoided.

- c. Athletes are required to dress for at least one contest per week: ***(designated by the coach)***

Boys: A shirt, tie, and dress pants or a team shirt or jersey when designated by the coach.

Girls: Dresses, **skirts**, dress pants and blouses, or team shirts or jersey when designated by the coach. Dress pants should be worn with jerseys or team shirts.

### C. ACADEMIC REQUIREMENTS:

*Students who participate in athletics are encouraged and expected to develop their academic potential. Other than the minimum requirement outlined below, the coaching staff and administration are committed to creating an environment that fosters academic success for students regardless of their ability level.*

1. *Minimum academic requirement: Students participating in athletics must be passing ONE HUNDRED (100%) of the subjects taken and maintain a 2.00 GPA.*
2. *Grades will be checked by the athletic director every three weeks..*
3. *If an athlete does not meet the minimum standard at one of the check dates, he/she will be provided avenues for extra help and then have one week to raise the grades. If the grades are not up after that one week, they will be ineligible until the next scheduled grade check.*

### D. ATTENDANCE AT FUNCTIONS WHERE ALCOHOL OR DRUGS ARE BEING UNLAWFULLY USED SHALL BE A VIOLATION OF THIS CODE.

In keeping with the philosophy that the Entiat version of an athlete is an individual who is in top physical condition and is a positive role model for others; athletes are *prohibited* from supporting, by their attendance, functions where alcohol or drugs are being *unlawfully* used, with their knowledge, or placing themselves in circumstances where they should reasonably know that such conditions exist.

First offense: Minor infraction-coach's discretion. (Warning or *removal* from a contest)

Second offense during the same season: A major violation resulting in immediate *removal* from the team.

Second offense during an athlete's career (but not in the same season): The athlete is suspended from competition pending an immediate request for an athletic board hearing. If the athlete doesn't request an athletic board hearing, he/she will be dismissed from the team.

### ACTIONS BY COACH/NOTICE OF DISCIPLINARY ACTION:

1. *Removal guidelines: (by coach) If it is established that the incident was a minor one, the athlete can receive:*
  - A reprimand
  - Probation
  - Removal by the coach from contests

*An athlete who has more than one minor violation may be removed from the team.*

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## II. PROCEDURES AND CONSEQUENCES:

### A. MAJOR VIOLATIONS:

When it has been determined that an athlete has been in possession of or drinking intoxicants, in possession of or using tobacco, in possession of or using controlled substances or other narcotics, steals or vandalizes,

or *is involved in* criminal misconduct, he/she shall be *removed* immediately *from the team* for the remainder of the season.

**GUILT WILL BE DETERMINED BY:**

1. Actual observance by competent and reliable witnesses as determined by the coach or administration.
2. Self-admittance.
3. Athletes' parents.
4. Legal action resulting in a conviction.

**IF IT HAS BEEN DETERMINED THAT AN ATHLETE IS GUILTY OF A MAJOR VIOLATION OF THE ATHLETIC CODE, HE/SHE IS REQUIRED TO REQUEST AN ATHLETIC BOARD HEARING BEFORE BEING ALLOWED TO PARTICIPATE ON AN ATHLETIC TEAM.**

When athletes are *removed* from the team for possession of or use of alcohol or drugs, they must meet with the alcohol/drug counselor for an assessment. If additional counseling or other action is recommended by the alcohol/drug counselor, the athlete is required to complete those recommendations as a condition for being *allowed to participate on any athletic team*.

**IN SEASON CONSEQUENCES:**

The athlete will be removed immediately from the team for the remainder of the season

**OUT OF SEASON CONSEQUENCES:**

The athlete is required to request an athletic board hearing before being allowed to participate on an athletic team.

**POSSIBLE CONSEQUENCES ISSUED BY THE ATHLETIC BOARD:**

1. PROBATION: When an athlete is on probation, minor infractions can be treated as major violations.
2. MINIMUM REMOVAL: This is at the discretion of the athletic board; it may consist of being removed from interscholastic competition for two or more weeks. The athlete must turn out during the period of removal.
3. MAXIMUM REMOVAL: Removed from all interscholastic sports for one calendar year. However, if an athlete commits a third major violation, he/she can be removed from interscholastic competition for the remainder of their career. The athletic board can establish other conditions and requirements for the athlete.

**B. TRANSFER STUDENTS ELIGIBILITY:**

1. *Any student who transfers to the Entiat School District who has been removed from an athletic team at another school is required to meet with the athletic director to determine eligibility. The athletic board will determine the appropriate action to be taken.*

**C. PROCEDURE FOR REQUESTING REINSTATEMENT AFTER REMOVAL:  
Athletic Board Hearings**

1. The athletic board will convene within 10 business (school) days upon the request of an athlete who has committed a major violation and who wishes *to be reinstated* in interscholastic athletics. The

athlete must request an athletic board hearing by making his/her request in writing to one of the following: the principal, assistant principal, athletic director, or the athlete's coach.

2. The athletic board shall be composed of the athletic director, the head coaches of the sports concerned, an advisor or other faculty member to be selected by the athlete or, if desired, appointed by the principal. Assistant coaches are encouraged to attend the hearing.

In the middle school, the board shall consist of a faculty member designated by the principal as chairman, the head coaches of the sports concerned and one other faculty member selected by the athlete. Assistant coaches may attend the hearings.

The chairman of the athletic board will be responsible for keeping proper records of the proceedings. All hearings will be tape recorded and stored by the athletic director.

3. The athlete's parents or acting guardians and the athlete must be present at the meeting. Preferably both parents or guardians should be at the board hearing. At least one parent or guardian must attend the board hearing.
4. The athletic board will only convene on major training violations which include the use of tobacco, narcotics and alcohol, anabolic steroids, legend drugs, etc. , as outlined in the "Major Violations" section of this code, or if the incident is not considered minor by the athletic director or head coach of the sport concerned.
5. Curfew violations, violations of dress standards and hair length standards are not considered major training violations and are handled by the head coach of the sport concerned as outlined in the letter sent home to parents before the season begins.
6. Athletes are expected to abide by the major violations provisions of the athletic code for the entire *calendar* year.

#### **D. APPEAL PROCESS:**

*If an athlete is not satisfied with disciplinary actions taken by a coach, the athletic director, or the athletic board, the athlete may appeal. The appeal must be submitted in writing to the appropriate party within (3 school days) after receiving official notification of the action.*

1. *Disciplinary actions by a coach (minor infractions) - Appeal to the athletic director.*
2. *Actions taken by the athletic director or athletic board (major infractions) - Appeal to the building principal.*
3. *Actions taken by the building principal - Appeal, if necessary to the superintendent and finally to the board of directors.*

### **III. State Laws Regarding the Use of LEGEND DRUGS AND ANABOLIC STEROIDS**

Recently the state legislature passed legislation dealing with the use of LEGEND DRUGS (drugs that can only be taken via a prescription to the user) and ANABOLIC Steroid. The text below

includes the main provisions of the law and the penalties as outlined by the state legislature and the Washington Interscholastic Activities Association. Please read this important information and return the attached signature sheet indicating that you have read and understand the law and guidelines. Contact the high school office if you have any questions.

WASHINGTON LAWS AND STUDENT ELIGIBILITY - Whenever State of Washington Laws prohibit eligibility, or as a result of violation student eligibility is restricted by law, the member schools of WIAA shall minimally restrict participation in those activities under WIAA's jurisdiction as prescribed by law.

Penalties for violation of RCW 69.41.020-69.41.050 (Legend drugs including: anabolic steroids, possession, sale, and or use) - A violation of RCW 69.41.020-69.41.050 shall be considered a violation of the eligibility code and standards, and shall subject the student to disciplinary actions. The following penalties will be administered:

### **1st Violation:**

**The student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season.**

Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school athletic board which consists of coaches and administrators selected by the principal to request approval to participate. The school athletic board will decide the appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.

A student athlete who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with the athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program pending recommendation by the school athletic board.

### **2nd Violation**

**A student athlete who again violates any provision of RCW 69.41.020 through 69.41.050 shall be ineligible and prohibited from participation in any WIAA member school interscholastic sports program for a period of one calendar year from the date of the second violation.**

### **3rd Violation**

**A student athlete who violates for a third time RCW 69.41.020-69.41.050 shall be permanently prohibited from participation in any WIAA member school athletic program.**



Please detach, sign, and return to the Entiat High School Athletic Director.

I have read and understand the **Entiat High School Athletic Code** and agree to follow the terms of the code.

I have also read and understand the State laws, penalties, and procedures regarding the use, sale, and/or possession of LEGEND DRUGS and ANABOLIC STEROIDS as outlined by the State legislature and the Washington Interscholastic Activities Association.

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Parent Signature      Date

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Student Signature      Date

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Date Received in Office

Sport \_\_\_\_\_